## **Maintaining a Growth Mindset**

	<u> </u>			1
	LEVEL 01 HM.01.MGM.01.01	LEVEL 02 HM.02.MGM.01.01	LEVEL 03 HM.03.MGM.01.01	LEVEL 04 HM.04.MGM.01.01
4.0	*Development of Habits of Mind is a life-long, continuous process.	*Development of Habits of Mind is a life-long, continuous process.	*Development of Habits of Mind is a life-long, continuous process.	*Development of Habits of Mind is a life-long, continuous process.
3.0	Most of the time* Is skilled at maintaining: A Growth Mindset; "I Believe I Can!"	Most of the time* Is skilled at maintaining: A Growth Mindset; "I Believe I Can!"	Most of the time* Is skilled at maintaining: A Growth Mindset; "I Believe I Can!"	Most of the time* Is skilled at maintaining: A Growth Mindset; "I Believe I Can!"
No major errors or gaps in the TARGETED, COMPLEX KNOWLEDGE	Uses Effort as a path to success	Embraces Challenges *Development of Habits	Uses multiple resources to respond to obstacles	Embraces and learns from criticism/feedback
	*Development of Habits of Mind is a life-long, continuous process.	of Mind is a life-long, continuous process.	*Development of Habits of Mind is a life-long, continuous process.	*Development of Habits of Mind is a life-long, continuous process.
	Knows the following: Terms: mindset, effort, qualities  Details:	Knows the following: Terms: motivation, challenges, feedback	Knows the following: Terms: productivity, obstacles, self talk	Knows the following: Terms: resilience, criticism, setbacks
2.0 No major errors or gaps in the SIMPLER, FOUNDATIONA L KNOWLEDGE	People with a growth mindset believe that one's basic qualities are things you can cultivate through effort. They value effort. (Dweck)	Details: The hallmark of a growth mindset is stretching yourself and sticking to it, even when it's not going well. (Dweck)	Details: People with a growth mindset use positive self talk: What can I learn from this? How can I improve? (Dweck)	Details: People with a growth mindset recognize that how one interprets challenges, setbacks, and criticism is one's choice. (Dweck)
		People with a growth mindset view challenging work as an opportunity to learn and grow. (Dweck)		People with a growth mindset find lessons and inspiration in the success of others. (Dweck)